



Our mission is to get people with addiction and their loved ones well.



What is peer coaching?

# About us

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- Face It TOGETHER was established in 2009 in Sioux Falls.
- We provide effective, science-based peer coaching for people impacted by addiction, including loved ones by phone, video or in-person.
- We serve members in more than 26 states.

# Coaching overview

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- The power of the peer
- Somewhere between counselors and sponsors
- Extensive coach training and Quality Assurance process
- All coaches are employees

# Coaching overview

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- Completely member-led
- Emphasizes shared lived experiences
- Member placement for best match
- No set treatment plan
- Navigation services

# Harm Reduction

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- Sobriety isn't required by our members
- Goals are set by each individual
- Relapses are learning opportunities
- Helpful education for loved ones

# Data philosophy

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We focus on all aspects of our members' lives, not just their use.

# Recovery Capital

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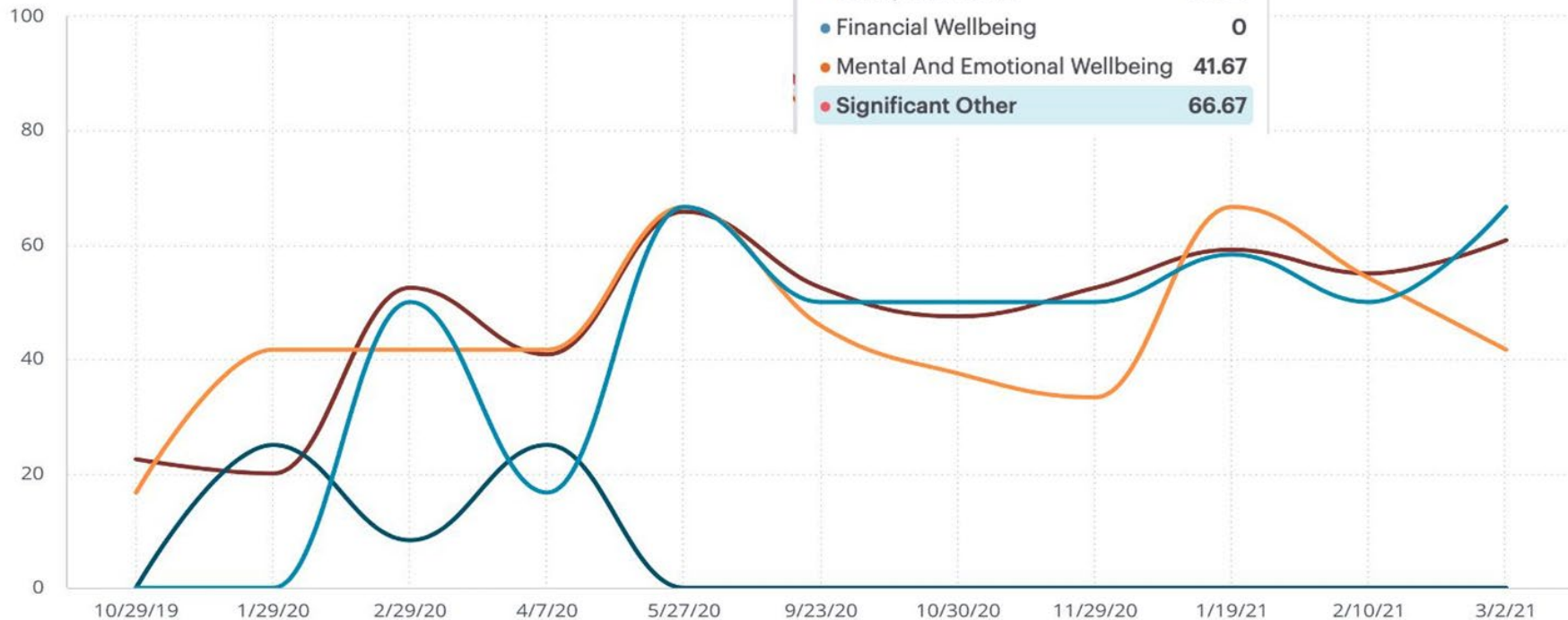
PERSONAL CAPITAL	SOCIAL CAPITAL	CULTURAL CAPITAL
<ul style="list-style-type: none"><li>• General Health</li><li>• Mental/Emotional Wellbeing</li><li>• Nutrition</li><li>• Employment</li><li>• Education</li><li>• Financial Wellbeing</li><li>• Housing &amp; Living Situation</li><li>• Transportation</li><li>• Clothing</li></ul>	<ul style="list-style-type: none"><li>• Family Support</li><li>• Significant Other</li><li>• Social Support</li><li>• Social Mobility</li><li>• Healthy Lifestyle</li><li>• Access to Healthcare Safety</li></ul>	<ul style="list-style-type: none"><li>• Beliefs</li><li>• Values</li><li>• Spirituality</li><li>• Sense of Purpose</li><li>• Cultural Relevance</li><li>• Sense of Community</li></ul>



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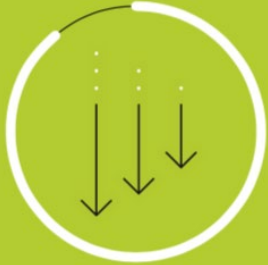
[1 more...](#)

### Recovery Capital Index



■ Family and Home ■ Financial Wellbeing ■ Mental and Emotional Wellbeing ■ Significant Other

**AT 60 DAYS OF COACHING:**



**89%**

reduce the negative impact on their employment



**79%**

reduce involvement with criminal justice system because of addiction-related issues

**AT 90 DAYS OF COACHING:**



**75%**

reduce their healthcare usage because of addiction-related issues



**75%**

are now seeing a primary care physician

**AT 120 DAYS OF COACHING:**



**83%**

have more meaningful participation in their community

## Loved Ones

**AT 30 DAYS OF COACHING:**



**33%** have more meaningful participation in their community

**AT 60 DAYS OF COACHING:**



**38%** now have people in their community that look to them for support

**AT 90 DAYS OF COACHING:**



**69%** are less likely to have addiction negatively impacting their employment

# Loved ones

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- Communication, boundaries, modeling behavior change
- Compassionate approaches
- Help is available, regardless if their PAR wants to get better

# How to get started

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- Reach out to us at **605-274-2262** or via our website at **Get Started**
- Onboarding process via phone and email assessments
- Grants and sponsorships available
- Generally, in the first coaching session within 4-5 days

# Face it better, together.

**WeFaceItTogether.Org**

Live chat with a coach  
care@wefaceittogether.org  
855.539.9375 (call or text)

